

SCALLOP



Favors
growth!

Common name: Scallop

Scientific name: Pecten maximus

It is a **bivalve mollusk** (formed by two shells). On the outside they have ripples and are colored between brown and red. It lives in the marine sandy detrital bottoms of the coast up to 100m with clean waters. They feed on phytoplankton and organic particles.



B9

They are collected by boat using the scallop trail, which is like a rake with a net behind to collect them from the seabed. They provide us with **minerals and B vitamins** such as vitamin B9, which promotes growth, and B3 and B12.